

Central Booking Toll Free

Signature:

Copy Report:

Phone: 1-833-4CALLPX (1-833-422-5579) 1-833-44FAXPX (1-833-443-2979)

Medical Specialists: Fax: 780-452-5111 Physiotherapy: Fax: 587-499-2466

Diagnostic Imaging: Fax: 780-420-2801

6040 Andrews Way **Windermere Gate** Edmonton, Alberta

Ample Free Parking Available

Patient Demographics ☐ Male **First Name** ☐ Female **Birthdate** PHN **Address** Cell Ph# Home Ph# **Email address** If WCB, claim # **Date of Injury**

Patient consents to receive important appointment or 🔲 text message.

ALL-IN-ONE REQUISITION

☐ URGENT ☐ STAT VERBAL: Phone to	information by \square email and/or \square text message.
HISTORY	DIAGNOSTIC IMAGING
	PREGNANT? DYES DNO LMP:
	X-RAY – NO APPOINTMENT NECESSARY
	☐ BODY PART and SIDE:
DATE OF INJURY (if applicable):	ULTRASOUND
MEDICAL SPECIALISTS	
☐ SPECIFIC PHYSICIAN or ☐ NEXT AVAILABLE	SIDE: RIGHT LEFT BILATERAL MSK SITE:
☐ NERVE CONDUCTION STUDIES/EMG	☐ CAROTID DOPPLER
☐ CARPAL TUNNEL CLINIC	☐ ANKLE-BRACHIAL INDEX (ABI)
□ PHYSIATRY / MSK INTAKE	☐ VENOUS DOPPLER (r/o DVT)
□ RHEUMATOLOGY	□ NECK □ THYROID □ ABDOMEN □ BREAST
□ NEUROLOGY	☐ OTHER:
☐ SHOULDER / ELBOW / WRIST / HAND SURGERY (ELECTIVE)*	PAIN MANAGEMENT
□ SPASTICITY CLINIC * May include screening assessment.	
☐ SPORTS MEDICINE, SPORT:	☐ ALLERGIES: ☐ LATEX ☐ CONTRAST DYE ☐ ANTICOGULATION:
☐ FRACTURE CLINIC (ADULT), INJURY DATE:	☐ TARGET and SIDE:
☐ ACUTE MSK CLINIC, INJURY DATE (<6wks):	☐ REPEAT INJECTION TIMES ☐ STANDING ORDER
☐ INJECTION: TRIGGER POINT/PRP/PROLOTHERAPY*	CLINICAL OPTIMIZATIONS: see page 2 for details
*Fees may apply for medications, supplies, & uninsured services.	☐ PAIN GENERATOR PRE-SCREEN
OTHER:	(expert assessment to determine the most appropriate injection target)
Please visit Physiologix.ca for details and a complete list of services. Expedited assessment available for active WCB Claims and urgent referrals.	☐ BIOMECHANICAL ASSESSMENT (PT) ☐ PSYCHOSOCIAL ASSESSMENT (Psychology)
Please ensure you have provided relevant WCB info / reason for urgency, or	LI PSTCHOSOCIAL ASSESSIVIEIVI (PSYCHOLOGY)
call Physiologix during regular clinic hours to speak with a triage physician.	CLINICAL CORRELATION see page 2 for details
	PHYSIOLOGIX PHYSICIANS CAN PROVIDE TIMELY EXPERT
ALLIED HEALTH SERVICES	CLINICAL FOLLOW-UP FOR REPORTED NEUROLOGICAL AND MUSCULOSKELETAL IMAGING FINDINGS UPON REQUEST
☐ PHYSICAL THERAPY ☐ ACUPUNCTURE	
☐ MASSAGE THERAPY ☐ PSYCHOLOGY	Appointment Date: Time:
Direct billing to third parties is available, including WCB.	
Referring Doctor:	PRACID:

Conveniently located in the Windermere Gate neighborhood of southwest Edmonton, Physiologix provides: EMG Lab Services; Physiatry, Neurology, Rheumatology, and Surgery Consultations; Allied Health including Physical Therapy; Massage Therapy; Psychology; and Acupuncture; X-Ray, Ultrasound, and Pain Management Interventions.

Fax Report:

Date:



THE PHYSIOLOGIX PHILOSOPHY

Physiologix is uniquely positioned to provide our patients with optimal clinical outcomes as Canada's most comprehensive full-service community-based clinic for Neuro-Musculo-Skeletal care.

The Physiologix ecosystem consists of a specialized team of physicians, nurses, allied health practitioners, x-ray and ultrasound technologists, and radiologists who work together to ensure that each patient receives the best care possible. We are committed to accurate and timely reporting and diligent follow-up.

Clinical Optimizations:

PAIN GENERATOR PRE-SCREEN: For referring physicians who would like some focused assistance, a Physiologix Expert can assess the patient to help determine the best target for an injection. We will contact the patient and collect the necessary information, and arrange a timely consultation, if required, prior to the injection.

BIOMECHANICAL AND PSYCHOSOCIAL ASSESSMENTS: Research shows that getting the best results from pain interventions requires coordinated multidisciplinary care. Our team provides in-house physical therapy and psychology assessment to patients who require injections, if requested by the referring physician.

CLINICAL CORRELATION: Referring physicians can request clinical follow-up by a Physiologix Expert for any reported neurological and/or musculoskeletal imaging findings. **Please see the imaging report for further instructions**.

Booking an Appointment: Either the referring provider or the patient can call to book an appointment. Upon receiving a requisition, we will call the patient to schedule an appointment. Please provide minimum 24 hours notice for cancellations and appointment rescheduling.

Patient Instructions for All Appointments: Please bring your Healthcare Card to your appointment, and dress in clothing that is easy to take on and off. Please arrive 10-15 minutes earlier than your scheduled time. Please inform our staff if you are (or might be) pregnant as some tests and procedures can not be safely done for people who are pregnant. Childcare is not provided—please do not bring children to the appointment.

Patient Instructions for Ultrasound: Bladder and pelvis ultrasound require you to drink 32 oz of water one hour prior to your test and to not empty your bladder. For abdominal ultrasound, please do not eat or drink for 8 hours prior to your exam. It is okay to take your usual medications with a sip of water. Consult your pharmacist regarding medications that must be taken with food.

Patient Instructions for Injections: Please continue to take all of your normal medications, but if you have a choice regarding pain medications, it is ideal to reduce them on the day of the appointment. We may have advice regarding blood thinners; you will be contacted prior to your appointment if a change is required. Please do not chew gum, use a lozenge, smoke or vaporize any substance, or consume carbonated (fizzy) drinks prior to your injection.

We will ask you to remain in the building for 10 minutes after your injection and to complete a post-injection pain score. On the scale, 0 means no pain and 10 means excruciating pain. This information is very important to your doctors. You may participate in normal activities after your injection, but should avoid strenuous activity and hot tubs for 48 hours. If there are any additional or different instructions, they will be provided to you at your appointment.

Generally, major complications with injections are rare. It is normal to have some pain in the few days after an injection. If you have a fever, loss of appetite, progressive pain, new numbness/tingling, new weakness, or new problems with the bowel or bladder, contact your doctor or go to an Emergency Room as soon as possible. You can take the normal medications you would take for mild pain post-injection. It is absolutely necessary for you to arrange transportation if you are receiving a spinal or nerve injection as you must not drive. It is also strongly suggested that you arrange transportation for all injections in case of an unexpected reaction, or due to temporary effects of the injection.

We supply most medications for injections. You do have the option of bringing the medication with you if you prefer. Some special medications and treatments have an associated cost, which will be discussed with you prior to your appointment.